



## Bumped Head Protocol

A minor head injury can be a frequent occurrence in the school playground and on the sports field. Fortunately, the majority of head injuries are mild and do not lead to complications or require hospital admission.

Complications such as swelling, bruising or bleeding can happen inside the skull or inside the brain up to 24 hours after the bump to the head. The presence or absence of a lump at the site of the bump is not an indication of the severity of the head injury.

If a child has a bump to their head at school, they will be given first aid which will include a cold compress, and the parent/carer will be informed via telephone, an email via medical tracker or face to face at the end of the school day.

The child will be given a wristband to wear to alert school staff and the parent/carer to the fact the child has had a bump to the head.

The incident will be recorded, in school, on Medical Tracker.

**If any of following symptoms are noticed over the following 24 hours, further medical advice should be sought urgently, either by calling 999 for an ambulance or going directly to A&E.**

- ***Unconsciousness or lack of consciousness.***
- ***Problems with vision or hearing***
- ***Problems with walking or balancing,***
- ***Problems with understanding, speaking, reading or writing, or any problems with memory.***
- ***Any vomiting or sickness, any convulsions or having a fit.***
- ***Any clear fluid running from the ears or nose.***
- ***A change in behaviour, like being more irritable.***
- ***Severe headache which will not go away***
- ***Any changes to the appearance of pupils - one pupil larger than the other.***
- ***Numbness or weakness in part of the body***

Please visit the NHS website for more information: <https://www.nhs.uk/conditions/head-injury-and-concussion/>